

Special guest competitors from
SAM CHEOK CITY, SOUTH KOREA GR 1 - 12

KCOTW

31st GMC's KICK CANCER OUT OF THE WORLD *Taekwondo Championship 2023*

SATURDAY, OCTOBER 21ST

DOUGLASS COMMUNITY CENTER

407 E Market Street, Leesburg, VA 20175
Doors open at 9:00 AM

SPECTATORS

\$10 Per Person
5 yrs under & seniors 65 yrs + free

FOR MORE INFO

info@ustma.com | (703) 777-1000
www.kcotw.com



REGISTRATION

Available online at kcotw.com
Due by October 16th, 2023

Donations are welcome & can be made out to "GMC's Kick Cancer out of the world Non-profit Organization (KCOW). If you wish to sponsor this event or contribute in other ways please contact us to find out how.

Proceeds are donated to:





GMC KICK CANCER OUT OF THE WORLD

31st Annual Non-Profit Taekwondo Championship

Saturday, October 21st, 2023 | 9:00 AM | Douglass Community Center
kickcanceroutoftheworld@gmail.com . 703 777 1000 . www.kcotw.com



Greetings everyone,

Welcome to the 31st annual "Kick Cancer Out of the World", our 3 event series that includes a demonstration event, our 25th annual Golf Tournament and our 31st annual invitational Taekwondo Championship!

Over the years many people have put in much time and effort into bringing you these exciting events to help raise money for the American Cancer Society and the Blue Ridge Hospice. Our mutual desire has always been to find a cure for all types of cancer.

Students and Masters, participants and helpers, all work many extra hours in preparation for these events. Since 1992, we have been grateful and happy to continue our joint venture with Blue Ridge Hospice. We are looking forward to many more years of working together and supporting each other as we mutually strive for bigger and greater goals of helping others.

Together, as we work alongside one another, reaching out throughout ever growing events, let us remember and appreciate all our loved ones and friends who have experienced the ravages of cancer. There is sorrow in loss, and joy in recovery, but through it all there is always the celebration of love and precious memory building as we share moments in time with those who touch our lives for however long we are together. The best part of living is in giving of ourselves to help one another - in good times and in bad times. Our events are both in memory of loved ones and a reaching out with love and caring to those we may not yet know, but who will one day need our help.

We wish to thank all the participants in the events as well as all our spectators and contributors. We thank and encourage those who are competing for the first time and those who come every year. We appreciate the help of those new to our goal as well as those who put in hours of effort and dedication every year. Whether you are new to this event, or are an "old timer", we thank you and hope you will be with us every year to help us reach our goal of donating one million dollars to the American Cancer Society and Blue Ridge Hospice for research that will eventually cure all types of cancer and "Kick Cancer Out of the World!" With your help we can and WILL succeed!



With many thanks and appreciation
Grandmaster Eungil Choi

Found of Kick Cancer Out of the World
President of U.S. Taekwondo Martial Arts Academy
Member of the World Taekwondo Federation
Member of USA Taekwondo



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SINGLE EVENT	DOUBLE EVENT	SPECTATOR FEE
<p>\$120.00</p> <p>1 x event 1 x t-shirt per Individual 2 x spectator entry</p>	<p>\$145.00</p> <p>2 or 3 x events 1 x t-shirt per Individual 2 x spectator entry</p>	<p>\$10.00</p> <p>1 x spectator entry</p>

Registration and fees must be submitted no later than October 7th, 2023 to **USTMA at 9 Cardinal Park Dr. Leesburg, VA 20175**. Fees can be paid by cash or money order. Make registration fee money orders out to "USTMA". Memorabilia will be available for purchase on the day of the event. Donation checks can be made payable to "KCOTW".

PARTICIPANT REGISTRATION INFORMATION

Full Name: _____ Shirt Size: _____

Age: _____ Sex: _____ Weight: _____ Height: _____

Address: _____

Contact No: _____ Belt: _____ Dan: _____

TKD Academy: _____ Master/Instructor: _____

I hereby submit my application to the 2023 Kick Cancer out of this world Cancer Benefit Championship. I agree to waive claims against any person, school, academy or association connected with Grandmaster Choi for any injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with the championship. I further agree that any video footage or still pictures taken of me in connection with the championship can be used by the tournament director for publicity or promotional purposes without compensation at this time or any other time in the future.

Participants Signature: _____

Master/Instructor's Signature: _____

By signing above I verify that the participant is a student at my TKD Academy and that the above information is correct.

**GMC'S KICK CANCER OUT OF THE WORLD
TAEKWONDO CHAMPIONSHIP 2023**

EVENT PASS

Name: _____ Age: _____

Wt: _____ Sex: _____ Belt: _____

Taekwondo School Name: _____

Poomse (Forms) Kyorugi (Sparring) Gyukpa (BB)

Ind: T:

PLEASE SELECT THE EVENTS YOU WILL BE PARTICIPATING IN.

Poomse (Forms)

Individual: Teams:

Kyorugi (Sparring):

Gyukpa (Board Breaking):



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Dear Grandmasters, Masters, Instructors, Coaches and Athletes,

We want to thank you for your participation in our 31st Annual Kick Cancer Out of the world Championship this year. This is a great cause and we are humbled by your commitment to fighting this horrible disease with us.

BOARD BREAKING (KYUKPA) DIVISION

- Freestyle - Must include jumping front snap and flying side kick, remaining 3 breaks will be freestyle. All competitors are limited to 5 breaks

Age	Weight	Groups by Rank	Requirements
10 & Under	All Weights	Color belt Black Belt	Boards must be purchased on site. NO OUTSIDE BOARDS ALLOWED. Breakers must provide either one holder to demonstrate each technique stationary or have multiple holders to demonstrate a choreographed breaking sequence.
11 - 13	All Weights	Color belt Black Belt	
14 - Up	All Weights	Color belt Black Belt	

INDIVIDUAL FORMS (POOMSAE) DIVISIONS

* Color belts - Will perform at their level poomsae.

* Black belts - Will perform at their level poomsae.

Age	Weight	Groups by Rank	Requirements
6 & Under	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	Must perform at their poomsae level or below.
7 - 8	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
9 - 10	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
11 - 13	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
14 -15	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
16 - 17	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
18 - 33	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
34 & Up	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	

There will be Four Grand Champions in Individual Poomsae

* A Grand Champion for color belts of all ages, female.

* A Grand Champion for black belts of all ages, female.

* A Grand Champion for color belts of all ages, male.

* A Grand Champion for black belts of all ages, male.

TEAM FORMS (POOMSAE) DIVISIONS (2+ Participants)

* Color belts - Will perform at their level poomsae.

* Black belts - Will perform one poomsae of their choice.

Age	Weight	Groups by Rank	Requirements
All ages	All Weights	All belt levels	Each group must perform the same poomsae of their choosing



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SPARRING (KYORUGI) DIVISIONS

* Color belts - Will perform at their belt level and age.

* Black belts - Will perform at their belt level and age.

Age	Weight	Groups by Rank	Requirements
6 & Under	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	Must bring your own sparring gear. No head contact.
7 - 8	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
9 - 10	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
11 - 13	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
14 - 15	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
16 - 17	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
18 - 33	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	
34 & Up	All Weights	10 - 7 Geup 6 - 4 Geup 3 - Bo Dan Black Belt	

There will be Four Grand Champions in Sparring

* A Grand Champion for color belts of all ages, female.

* A Grand Champion for black belts of all ages, female.

* A Grand Champion for color belts of all ages, male.

* A Grand Champion for black belts of all ages, male.

Rules: a 2 point bonus will be awarded for sportsmanship from athlete, coach and team.

a 2 point bonus will be awarded to the athlete who wins the match.

All athletes must hand in completed tournament registration form and payment (Cash or money order only) by Saturday, October 7th, 2023. Registrations can be mailed to USTMA at 9 Cardinal Park Dr. Leesburg, VA 20175

Current USA Taekwondo rules and regulations will be in effect and will govern this championship.

Competitors need to be on the premises 30 minutes before their event starts in order to warm up and to make sure they are present when their event is called. On site registration opens at 7:30 AM and the championship starts are 9:00 AM. Douglass Community Centre - 407 E Market St, Leesburg, VA 20176.

If you have any questions please feel free to contact us at

kickcanceroutoftheworld@gmail.com or give us a call on 703 777 1000.

Thank you again for your continued support!

We look forward to a safe and exciting championship.